



jjstherapy.com

Privacy Policy (v. 2 December 2023)

This privacy policy will help you understand how JJS Therapy (“JJST”, “I”, “jjstherapy.com”) uses and protects the data you provide when you visit and use jjstherapy.com (“website”). I (Josephine Shaw) reserve the right to change this policy at any given time. If you want to make sure that you are up to date with any changes, I advise you to frequently visit this page.

What user data is collected

When you visit the website, JJST may collect data that includes your IP address, your browser type and operating system, which parts of the site you visit and how long you spend on them, whether you are a new or returning visitor and your location. If you contact me, via jo@jjstherapy.com, or use the website contact form, I will record your email address and/or any other personal information you share for the purposes of responding to you etc.

Why your data is collected

I collect data from website visitors to better understand:

- Where visitors come from
- What elements of our site are most visited and are most useful to users
- How to improve the site

This data cannot be traced to identify you individually. It is aggregated only to observe trends and patterns.

Safeguarding and securing the data

JJS Therapy is committed to securing any data you share and keeping it confidential. I do all in my power to prevent data theft, unauthorized access, and disclosure by implementing the latest technologies and software which help us safeguard any information collected online*. JJS Therapy is registered at The Information Commissioners Office (ICO).

Cookie policy

jjstherapy.com is hosted by wix.com and utilises the Wix cookie policy. You can find out more at <https://support.wix.com/en/article/cookies-and-your-wix-site> You can decline cookies when you enter the site, or you can disable cookies by accessing the settings of your internet browser.

Links to other websites

jjstherapy.com contains links that lead to other websites. If you click on these links JJST is not responsible for your data and privacy protection. Visiting those websites is not governed by this privacy policy agreement. Make sure to read the privacy policy documentation of any website you visit to which we link.

Restricting the collection of your personal data

If you have already agreed to share your information with us (by email for example), feel free to contact us and we will be more than happy to change or delete this for you. JJST will never lease, sell or share your personal information to any third parties, under any circumstances (unless we are required to do so by a court of law).

** Should you become a client of JJS Therapy, your data will similarly be kept secure and protected as per GDPR requirements and industry best practice.*